

City of Milton Keynes Swim Club**Autumn Open Meet Programme
Licensed at Level 3 (3SE221677)**

Bletchley Leisure Centre. Princes Way, Bletchley, Milton Keynes. MK2 2HQ

Programme of Events**Saturday 19th November 2022**

Session 1	12:00 Warm-up	111	400m Individual Medley (female)
	12:05 Withdrawal closes	112	50m Freestyle (male)
	13:05 Start	113	200m Butterfly (female)
		114	100m Backstroke (male)
		115	200m Breaststroke (female)
		116	50m Breaststroke (male)
		117	50m Butterfly (female)
Session 2	15:30 Warm-up	121	400m Freestyle (male)
	15:35 Withdrawal closes	122	200m Individual Medley (female)
	16:35 Start	123	200m Backstroke (male)
		124	50m Backstroke (female)
		125	100m Breaststroke (male)
		126	100m Freestyle (female)
		127	100m Butterfly (male)
		128	200m Freestyle (female)

Sunday 20th November 2022

Session 3	12:30 Warm-up	211	400m Individual Medley (male)
	12:35 Withdrawal closes	212	50m Freestyle (female)
	13:35 Start	213	200m Butterfly (male)
		214	100m Backstroke (female)
		215	200m Breaststroke (male)
		216	50m Breaststroke (female)
		217	50m Butterfly (male)
Session 4	16:00 Warm-up	221	400m Freestyle (female)
	16:05 Withdrawal closes	222	200m Individual Medley (male)
	17:05 Start	223	200m Backstroke (female)
		224	50m Backstroke (male)
		225	100m Breaststroke (female)
		226	100m Freestyle (male)
		227	100m Butterfly (female)
		228	200m Freestyle (male)

All events are HDW.

AGE GROUPS 9 Years; 10 years; 11 Years; 12 years; 13 years; 14 years;
15 years; 16 years & over