



City of Oxford Swimming Club

February Half term Starts Skills Camp

Coached by Liz Basterfield
Academy Development Coach
City of Oxford Swimming Club

| Suitable for | Dates & Time | Location | Cost |
|----------------|--|-------------|--|
| 8-11 year olds | Mon 15th – Thurs 18th Feb 08:00-09:30 Working on the improvement of starts for all strokes and relay take over techniques This camp will include the opportunity to take the “Competitive Start Award” on the Thursday which is a requirement for all competitions. | Oxford High | Members and Network Clubs £48 Non Members £60 |

Swimmer's Name:

Squad:

Address:

Tel:

Email address:

Competitive Start Award required: Yes / No (please circle)

Places are limited & will only be accepted following receipt of Camp fee & swimmer information above. Please send cheques & applications to:

Louise McLean (COSC) 23 Rippington Drive, Old Marston, Oxon OX3 0RH.

Please make cheques payable to: COSC and write the swimmers name and squad on the back of the cheque

You will receive a confirmation of your booking by email so please ensure your email address is written clearly.