



MEET PROGRAMME

(License Number: 3ER230781)

Saturday 18th November 2023

Session 1

Warm up 0815; Start 0900

| | | | |
|-----------|------------|----------|-----------------|
| Event 101 | Open/ Male | 10/ Over | 400m Ind Medley |
| Event 102 | Female | All Ages | 100m Butterfly |
| Event 103 | Open/ Male | All Ages | 50m Butterfly |
| Event 104 | Female | All Ages | 400m Freestyle |
| Event 105 | Open/ Male | All Ages | 200m Freestyle |
| Event 106 | Female | All Ages | 50m Backstroke |

Session 2

Start TBA

| | | | |
|-----------|------------|----------|-------------------|
| Event 201 | Female | All Ages | 200m Breaststroke |
| Event 202 | Open/ Male | All Ages | 200m Butterfly |
| Event 203 | Female | All Ages | 100m Freestyle |
| Event 204 | Mixed | 11/ Over | 800m Freestyle |

Session 3

Start TBA

| | | | |
|-----------|------------|----------|-------------------|
| Event 301 | Female | All Ages | 200m Backstroke |
| Event 302 | Open/ Male | All Ages | 100m Breaststroke |
| Event 303 | Female | All Ages | 200m Ind Medley |
| Event 304 | Open/ Male | All Ages | 100m Backstroke |
| Event 305 | Female | All Ages | 50m Freestyle |
| Event 306 | Open/Male | All Ages | 50m Breaststroke |

Sunday 19th November 2023

Session 4

Warm up 0815; Start 0900

| | | | |
|-----------|------------|----------|-----------------|
| Event 401 | Female | 10/ Over | 400m Ind Medley |
| Event 402 | Open/ Male | All Ages | 100m Butterfly |
| Event 403 | Female | All Ages | 50m Butterfly |
| Event 404 | Open/ Male | All Ages | 400m Freestyle |
| Event 405 | Female | All Ages | 200m Freestyle |
| Event 406 | Open/ Male | All Ages | 50m Backstroke |

Session 5

Start TBA

| | | | |
|-----------|------------|----------|-------------------|
| Event 501 | Open/ Male | All Ages | 200m Breaststroke |
| Event 502 | Female | All Ages | 200m Butterfly |
| Event 503 | Open/ Male | All Ages | 100m Freestyle |
| Event 504 | Mixed | 11/ Over | 1500m Freestyle |

Session 6

Start TBA

| | | | |
|-----------|------------|----------|-------------------|
| Event 601 | Open/ Male | All Ages | 200m Backstroke |
| Event 602 | Female | All Ages | 100m Breaststroke |
| Event 603 | Open/ Male | All Ages | 200m Ind Medley |
| Event 604 | Female | All Ages | 100m Backstroke |
| Event 605 | Open/ Male | All Ages | 50m Freestyle |
| Event 606 | Female | All Ages | 50m Breaststroke |